

# Houghton University

## Girls Basketball Camp June 28-July 2, 2026



### **IMPORTANT PHONE NUMBERS:**

Camp Director: Coach Phil Pellegrino

Camp Director E-Mail: [phil.pellegrino@houghton.edu](mailto:phil.pellegrino@houghton.edu), Office Phone: (585) 567-9632

Safety and Security: (585) 567-9333 (on duty 24 hours a day in the event of an emergency)

### **IMPORTANT ADDRESS:**

Sunday Registration and Drop Off (for Resident and Day Campers- not Elementary Day Campers):

**June 28, 2026, 6:00-7:00 pm at the Nielsen Center**

Houghton University Nielsen Center

1 Willard Avenue, Houghton, NY 14744

<https://www.houghton.edu/admission/visiting/campus-map/>

### **PAYMENTS AND FINAL BALANCES:**

- All payments are completed online through your UltraCamp Registration.
- You can pay in full or make smaller monthly payments.
- Payment amount or changes can be adjusted by contacting [conferences@houghton.edu](mailto:conferences@houghton.edu)

### **BASKETBALL CAMP REFUND POLICY:**

- Withdrawal 3 weeks before Camp Start Date: If payment exceeds the \$50 non-refundable deposit, the full refund will be less than the \$50 deposit.
- No refund granted if withdrawal is within 2 weeks of camp.
- Special consideration will be given if withdrawal is for medical reasons.

### **REGISTRATION DAY:**

- **Registration on Sunday is from 6:00-7:00 p.m. at the Nielsen Center**
- **Registration for Elementary Day Campers: Monday at 8:00 a.m. at the Nielsen Center**
- Campers will check in and meet camp staff, receive camp t-shirts, meet with the summer medical staff, and drop off belongings in their dorm room.
- **FORMS SUBMITTED ONLINE BEFORE ARRIVAL**
  - Medical Forms – A physician's signature must accompany each prescription and over-the-counter medication, and both must be turned in to the camp health director at check-in.
    - All over-the-counter and prescription medications must be labeled in their original containers.

### **CAMPER PICK-UP:**

**CAMPER PICK-UP:** Camp will end after the Awards Ceremony on Thursday at 11:30 a.m. in the Nielsen Center.

# Houghton University Girls Basketball Camp, June 28- July 2, 2026



Time	Event	Location
<b>Sunday, June 28</b>		
6:00-7:00 p.m.	Resident and Day Camper Registration	Nielsen Center
7:05 p.m.	Camper Meeting	Nielsen Center
8:00 p.m.	Day Camper Dismissal	Nielsen Center
<b>Monday-Wednesday- June 29-July 1 (TUES- WEAR YOUR CAMP T-SHIRTS FOR CAMP PICTURE)</b>		
8:00 a.m.	Breakfast	Dining Hall
8:00 a.m.	Registration for Elementary Day Campers	Nielsen Center
8:30 a.m.	Roll Call and Thought for the Day <b>*Day Camper Arrival</b>	Nielsen Center
8:40 a.m.	Warm-Up/Stretch / Skill Development	Kerr-Pegula Field House & Nielsen Center
9:50 a.m.	2v2 / 3v3 Team Play	Kerr-Pegula Field House & Nielsen Center
10:40 a.m.	League Games	Kerr-Pegula Field House & Nielsen Center
11:45 a.m.	Lunch	Dining Hall
1:05 p.m.	Roll Call	Nielsen Center
1:15 p.m.	Team Practice / League Games	Kerr-Pegula Field House & Nielsen Center
2:30 p.m.	Swim/Video/Extra: Strength & Conditioning Session	Kerr-Pegula Field House & Nielsen Center
3:15 p.m.	<b>Elementary Day Camp Dismissed</b>	Nielsen Center
3:25 p.m.	Skill Development	Kerr-Pegula Field House & Nielsen Center
5:00 p.m.	Dinner	Dining Hall
5:55 p.m.	Roll Call	Nielsen Center
6:00 p.m.	Free Throw Competition	Kerr-Pegula Field House & Nielsen Center
6:30 p.m.	League Games/ Clinics/ Competitions	Kerr-Pegula Field House & Nielsen Center
8:35 p.m.	Roll Call <b>*Day Camper Dismissal</b>	Nielsen Center
9:30 p.m.	Resident Campers in the Dorm	Lambein Dorm
10:00 p.m.	Lights out for 7 <sup>th</sup> and 8 <sup>th</sup> Graders	Lambein Dorm
10:30 p.m.	Lights out for 9 <sup>th</sup> - 12 <sup>th</sup> Graders	Lambein Dorm
<b>Thursday, July 2</b>		
8:00 a.m.	Breakfast	Dining Hall
8:30 a.m.	Roll Call and Thought for the Day <b>*Day Camper Arrival</b>	Nielsen Center
8:40 a.m.	Consolation Games	Kerr-Pegula Field House & Nielsen Center
10:45 a.m.	3 on 3 Competition Finals	Kerr-Pegula Field House & Nielsen Center
11:00 a.m.	Awards Ceremony	Nielsen Center
11:30 a.m.	Check Out	Lambein Dorm

**Thank you for coming to Camp! We hope to see you next summer!**

## CAMPER EXPECTATIONS AND INFORMATION:

*Houghton Basketball Camp is an educational experience that encourages players to grow as athletes and individuals in a safe and enjoyable environment. Observing the rules and positive interactions with counselors and other campers are necessary to achieve this goal. Therefore, we ask that you abide by the following rules during your time at camp:*



- Demonstrate Excellence in all that you do. Give your best for the few days you are here.
- We have a **ZERO TOLERANCE** policy for bullying, ensuring that every camper is safe. We will not tolerate behaviors toward another camper that could be considered harassment, intimidation, threats, or demeaning. Any camper involved in this behavior will be dismissed from camp without a refund.
- Be aware of roll-call times. You are responsible for being in the right place with your assigned counselor.
- Follow the Daily Schedule. Always be in the proper place. Be early!
- Look for ways to encourage fellow campers whenever possible.
- Cell phones are not permitted during training sessions or formal camp gatherings unless a coach grants permission. Phones are allowed in dorms and during mealtimes.
- All injuries must be reported to the Athletic Trainer when they occur. Keep up with necessary pre- and post-play treatments. The Athletic Trainers have a lot of counselors to look after, so be diligent!
- You must not leave campus unless approved by Coach Pellegrino. If campers are authorized to leave early during the camp day, a parent must sign them out.
- Campers are NOT permitted in ANY building other than your dorm, the campus center, the Kerr-Pegula Field House, and the Nielsen Athletic Center unless otherwise directed by the Camp Director. No camper may return to the dorm or cafeteria without the special permission of a coach.
- Stay with your assigned counselor during free time. Campers ARE NOT permitted to be without counselor supervision for the duration of camp. Campers must stay with a counselor when transitioning between different areas of the campus.
- Do not enter another camper's room without their express permission.
- Respect individuals' property. Vandalism and theft will result in immediate dismissal without a refund. Damage to University property will be billed to the camper and parents/guardians.
- Please keep the dorms clean. Use garbage cans on each floor.
- Leave all areas (e.g., cafeteria, dorms, athletic buildings) cleaner and better than we found them.
- Directors and floor counselors may inspect your room without advance notice.
- Be aware of lights-out times, as they will be enforced throughout the week.
- No swearing, smoking, gambling, drinking, drugs, or indecent photos. Any such offense gives us grounds to dismiss you from camp without a refund.
- A modest dress code is expected; a shirt must be worn for all training sessions.

**Have a great week and enjoy your time at camp. We are so excited you have chosen to spend this week of your summer with us!**

# Girls Basketball Camp Packing List



## THINGS TO BRING TO CAMP:

### Basketball Specific:

- Basketball Sneakers
- Water Bottle

### Linens:

- Pillow/Pillowcase
- Twin sheets
- Blanket
- Towels

### Toiletries:

- Shampoo/Conditioner
- Soap
- Deodorant
- Toothbrush/toothpaste

### Clothes:

- Athletic attire for five days, extra for additional changes
- Swimsuit/towel
- Comfortable shoes (sneakers/flip-flops)
- Additional clothes for the dorm

### Other Items:

- Fan (optional but highly recommended)
- Alarm clock
- Sunscreen
- Personal spending money (optional)- to use at the camp concession stand or the campus store
- \$30.00 key deposit (refundable)- exact change is appreciated
- A great and courteous attitude toward all
- Energy and fun

## THINGS NOT TO BRING TO CAMP:

- Refrigerators
- Televisions and/or Blu-Ray and/or video game consoles
- Valuables: We are not responsible for anything that is lost or stolen